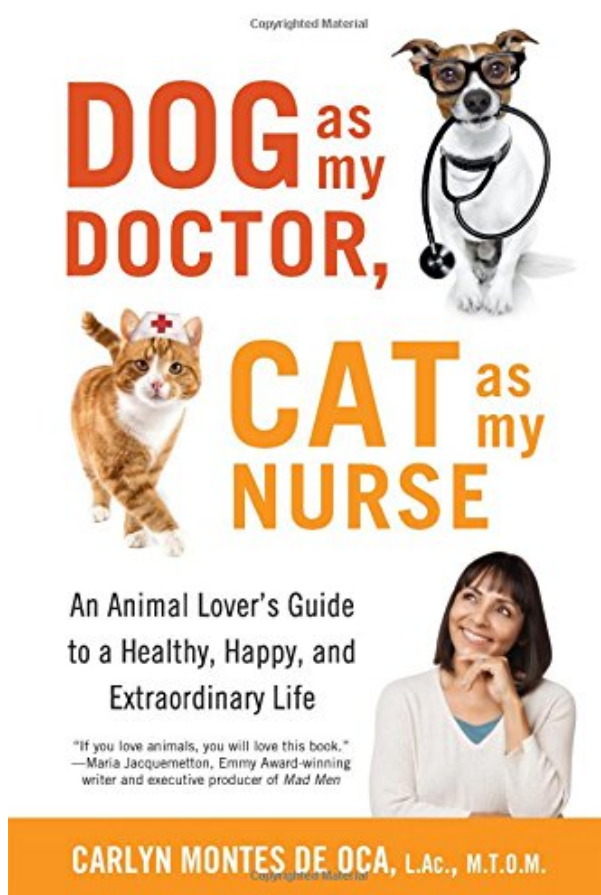


# DOG AS MY DOCTOR, CAT AS MY NURSE: AN ANIMAL LOVER'S GUIDE TO A HEALTHY, HAPPY, AND EXTRAORDINARY LIFE BY CARLYN MONTES DE OCA



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An Animal Lover's Guide  
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"If you love animals, you will love this book."  
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CARLYN MONTES DE OCA, L.Ac., M.T.O.M.

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## Review

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Written for the dog and cat lover, animal advocate, and fan of natural medicine, *Dog as My Doctor, Cat as My Nurse* reveals how our timeless relationships with our beloved animal friends hold the keys to our optimal health. Acupuncturist, plant-based nutritional consultant, and animal advocate Carlyn Montes De Oca weaves together an insightful tapestry of prescriptive advice, personal stories about her lively “six-pack” of rescue dogs and cats, and testimonials from other dog and cat lovers, including best-selling author Jack Canfield.

In an age when most people will suffer from a preventable chronic disease, *Dog as My Doctor, Cat as My Nurse* opens readers eyes’ to the fact that our beloved companion animals can be some of the most powerful allies we will ever have on the journey towards a healthier, happier, and more extraordinary life.

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## Features

- SHE WRITES

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One of the best book I have ever read.

You Must read. Thank you Carlyn

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