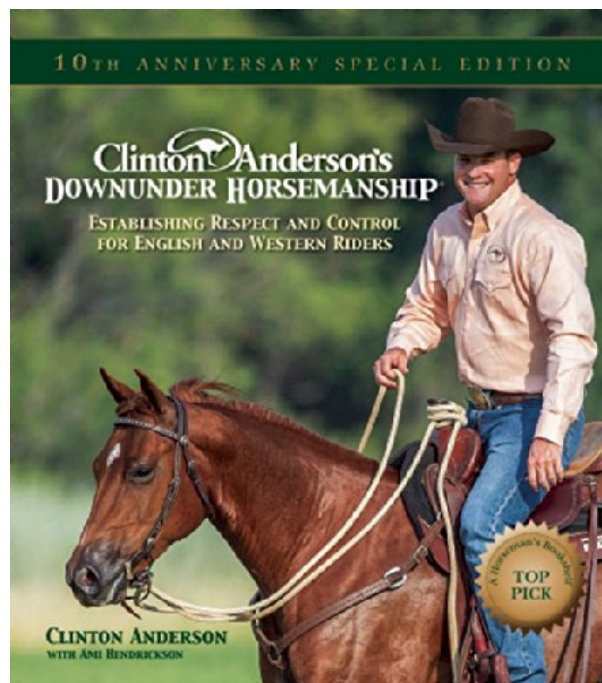
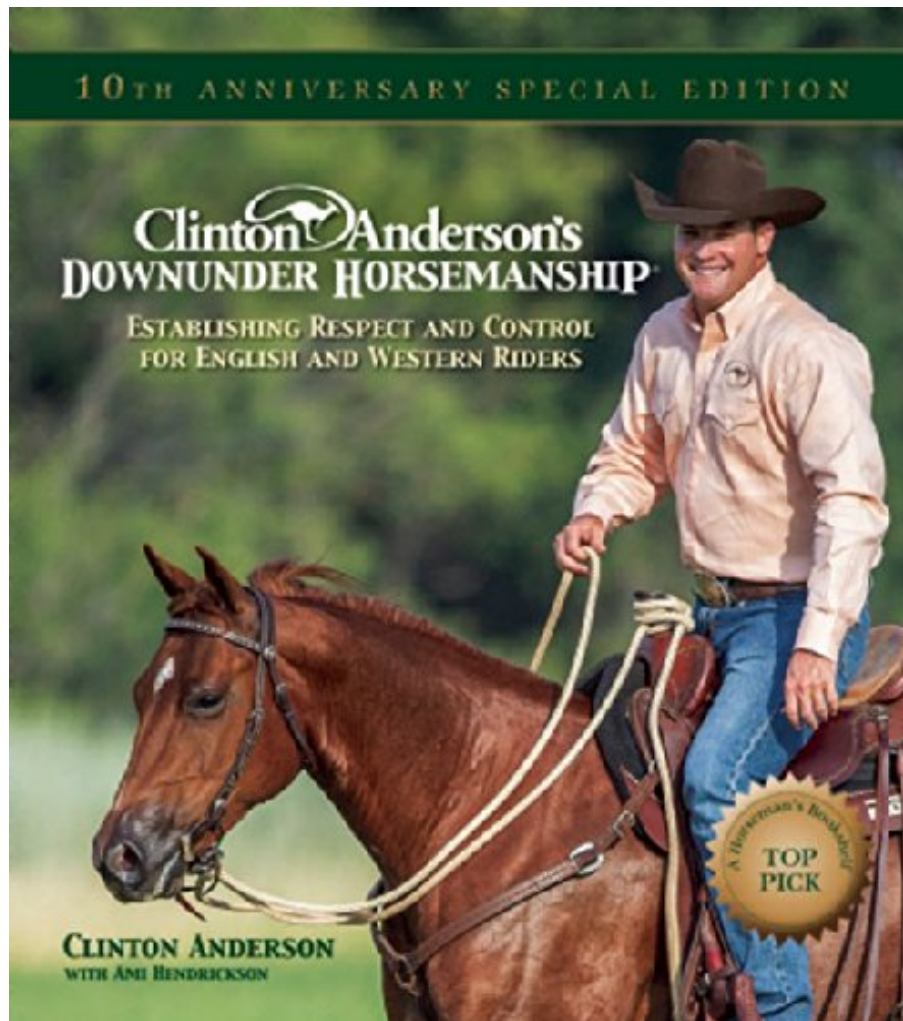


**CLINTON ANDERSON'S DOWNUNDER
HORSEMANSHIP: ESTABLISHING RESPECT
AND CONTROL FOR ENGLISH AND
WESTERN RIDERS BY CLINTON
ANDERSON, AMI HENDR**



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Review

“This is an enjoyable book to read, with a lot of useful information to offer.” -- American Quarter Horse Journal

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Native Australian Clinton Anderson offers his training methodology for “real life” horses and their owners. Beginning by stressing the importance of a fundamental understanding of horse psychology and “why they do what they do,” the author introduces readers to safe and specific ways to approach training or behavioral problems, then guides them through basic groundwork and under–saddle exercises. Throughout, the book features two “real horses” with “real riders” and “real problems,” their experiences with Downunder Horsemanship, and how it improved confidence, established respect, and provided “real solutions” for all involved. Clinton Anderson trains, tours, and conducts clinics across the United States. He stars in a weekly satellite television program called “Downunder Horsemanship TV,” where he works with untrained and “problem” horses. He is based in Sterling, Illinois.

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If you have seen his weekly television program, Downunder Horsemanship, then you know that Clinton Anderson's training techniques can achieve amazing results with almost any horse. Now his methods are available for the first time in a reader-friendly, highly illustrated book, and you, too, can learn the program that teaches "everyday people"—regardless of riding style, age, or ability—how to better communicate with their mounts.

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621 of 628 people found the following review helpful.

Best of it's type

By Joel Reiter

The first book I bought on horse training was "There Are No Problem Horses, Only Problem Riders" by Mary Twelveponies. Then I bought "Lyons On Horses" by John Lyons. Then I subscribed to Lyons' "Perfect Horse" magazine. Then I attended a community ed horse training class. Then I bought "You Can Train Your Horse to Do Anything!: "On Target" Training -- Clicker Training and Beyond" by Shawna Karrasch. I've skimmed Pat Parelli's stuff. I've seen Monty Roberts on DVD and in person. I've seen John Lyons' video series. Just so you know where I'm coming from.

The only purchase I regret is the Mary Twelveponies book. I can't think of a single solution in her book that isn't better solved by the others, and some of her advice is questionable. Lyons is great, but spend your money on his magazine instead of his book. Clicker training is very useful (I solved a bridling problem in one day after reading the book) but Karrasch wastes many pages prattling on about the science of operant conditioning. I read B.F. Skinner in college; I didn't need the history lesson. She does the same thing in the related video -- exceedingly disappointing. Monty Roberts can do anything as long as he has enough panels and mechanical contraptions and a big strong gentle well-trained saddle horse to work alongside the horse he is training. If his ego and use of terms like "Join-Up" and "Language of Equus" doesn't put you off, you can learn a lot from Roberts. Parelli always seems to be having more fun with his horses than anybody else, but I can't figure out what he's doing half the time. (see update on Parelli, bottom)

Which brings us to Clinton Anderson. What I especially appreciate about his approach is its effectiveness. Anderson excels in two areas: his techniques give rapid results and he is an exceptional communicator. Most of his clinics are not the standard get-a-green-horse-in-the-round-pen-and-be-on-him-by-the-end-of-the-day. Instead, he works with riders who are having problems with their horses, and teaches the riders to be trainers rather than doing the work for them. That approach has helped him refine his techniques and appreciate all the ways we are likely to apply them incorrectly.

For the book, Anderson recruited two riders with problem horses and put them through his program. Each chapter describes the technique, its purpose, how to apply it, how to deal with bad reactions from the horse and mistakes from the rider. It was especially helpful to read the comments from the two women on how their horses reacted and how they had to overcome their own mistakes.

I've only done one session with my horse and the results were dramatic enough to make a believer out of me.

For a sample of his techniques go to his web site, scroll down to the bottom, and click on articles. There's some good stuff there that isn't in the book.

If you have a horse that doesn't always know what you want or won't always do it, or you're a little afraid of it, this is the best book I've found. I highly recommend it.

Update, 12/21/2006

Last summer I attended a Pat Parelli 2-day seminar, and since then I've had the opportunity to review his Level 1 and Level 2 instruction material. There is an amazing degree of agreement in Clinton Anderson's and Pat Parelli's techniques. Both stress ground work on a long lead using a rope halter and a stick with a string,

Parelli's 7 games all have counterparts in Anderson's techniques, both stress riding with reins on the saddle in an enclosed area to develop a good seat, both stress the importance of starting with the lightest possible touch and being willing to escalate to whatever it takes to achieve the desired behavior, and countless other similarities.

Where the two differ is that Anderson is all efficiency and maximum results in the least possible time, which is why he won the Road to the Horse colt starting competition 2 year's running. Parelli wants you to get into your horse's head, develop a relationship with him, and come up with training exercises that keep him interested. Advance in Parelli's program and you'll be able to direct your horse over a jump from a hundred feet away (could be just the thing if your horse gets out -- just get his attention and send him back over the fence.)

Seriously, these two celebrity trainers have highly complementary techniques. I found the Parelli seminar helpful and inspiring, and I think Parelli fans would have the same reaction to a Clinton Anderson seminar. I think Parelli fans would find Downunder Horsemanship to be a helpful supplement to the materials they already have, and I think readers of Downunder Horsemanship would profit from seeing Parelli demonstrate his techniques

2 of 2 people found the following review helpful.

A recipe book for natural horsemanship

By Matthias Weiss

This is a systematic introduction to fundamental techniques of horsemanship: ground work, saddle work, communication with the horse, the importance of pressure and release for teaching a horse. It complements very nicely a YouTube channel called "Think Like a Horse". The owner, a somewhat abrasive Texan ex-cop, makes the ideas and techniques come to life by explaining how things you do to the horse will look from the horse's point of view. This YouTube channel is short on technique, rich on philosophy of horsemanship. This book is rich on technique, with philosophical underpinnings largely limited to the first chapter. Combined, they will give you a great appreciation of what it means to communicate with your horse, as opposed to bossing it around, or worse - abuse and neglect it by loving it like a mystical creature rather than a horse.

0 of 0 people found the following review helpful.

BUY THIS BOOK- YOU WILL NOT REGRET IT!

By Gloria

[[VIDEOID:e209235d1489683a41495c5e32e34599]]I have a young filly who really is a gem, and behaves very well for her age and temperament. She is a VERY high energy horse, and it seems like she is constantly bouncing off the walls and fidgeting and pawing and chewing and etc. I wanted to take her to a new groundwork and respect level, so I bought this book and the results are instant and amazing! I've been in the horse world for a long time, and I've also been a fan of Clinton Anderson for a long time. This book has the complete explanation and breakdown of the exercises as well as common horse and handler mistakes and how to avoid/ correct them, as well as plenty of real life examples. I've had this book for a week, and I am doing the first two exercises only, and taking it slow. However, my filly is so smart that sometimes I'm shocked by her, and she was doing the first exercise PERFECTLY by the third time I asked her to do it. Now she watches my body language and responds in kind. The 2nd exercise is a piece of cake, as I've already done plenty of rope and whip desensitizing with her, which is IMPORTANT. do not neglect that step. It has already saved my filly from injury at least ten times. I watched her run around her pasture too fast one time, she slipped, fell, slid along the ground and got all four legs stuck through the fence (back when we had no-climb fencing). I was the one trying not to panic, but she very calmly pulled one foot out of the fence at a time, and stood up with a big sigh, shake, and then went over to finish her breakfast. No injuries....so grateful. Desensitizing is so, so necessary. :) She is curious and gets into things you wouldn't even think possible, and because she is used to things all around her, over her, under her, around her legs, and etc, she

does not panic. Anyways, this book is PERFECT. it will change and improve your mentality, confidence, and skills, as well as your horse's and also help you both grow in your relationship together as you understand one another more. Definitely recommend this! :) I attached a few photos of her during/after working with her, and one video so everyone can see how fidgety she was. She's still kinda obsessed with chains that she can clang around for whatever reason, but she stands very quietly now, and this is after such a short time.

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