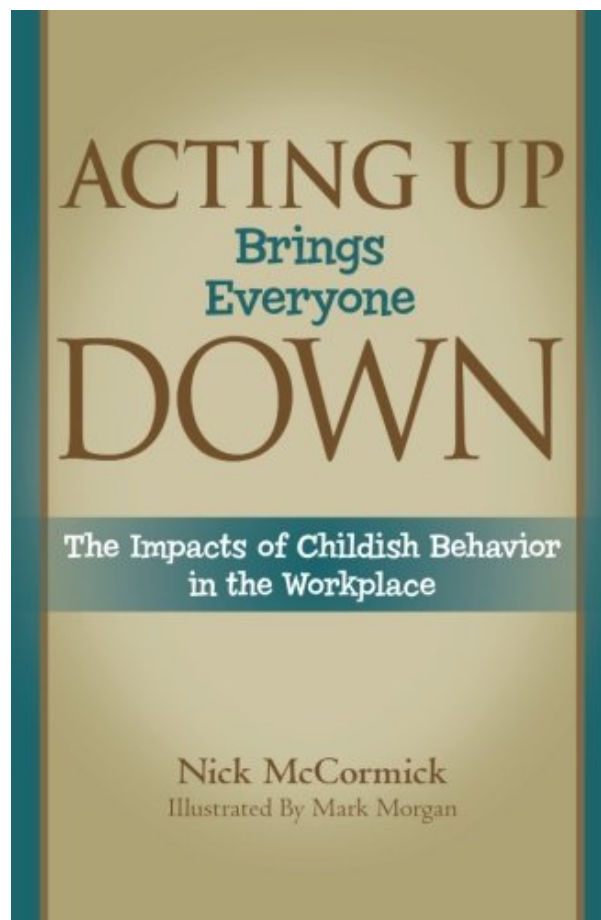
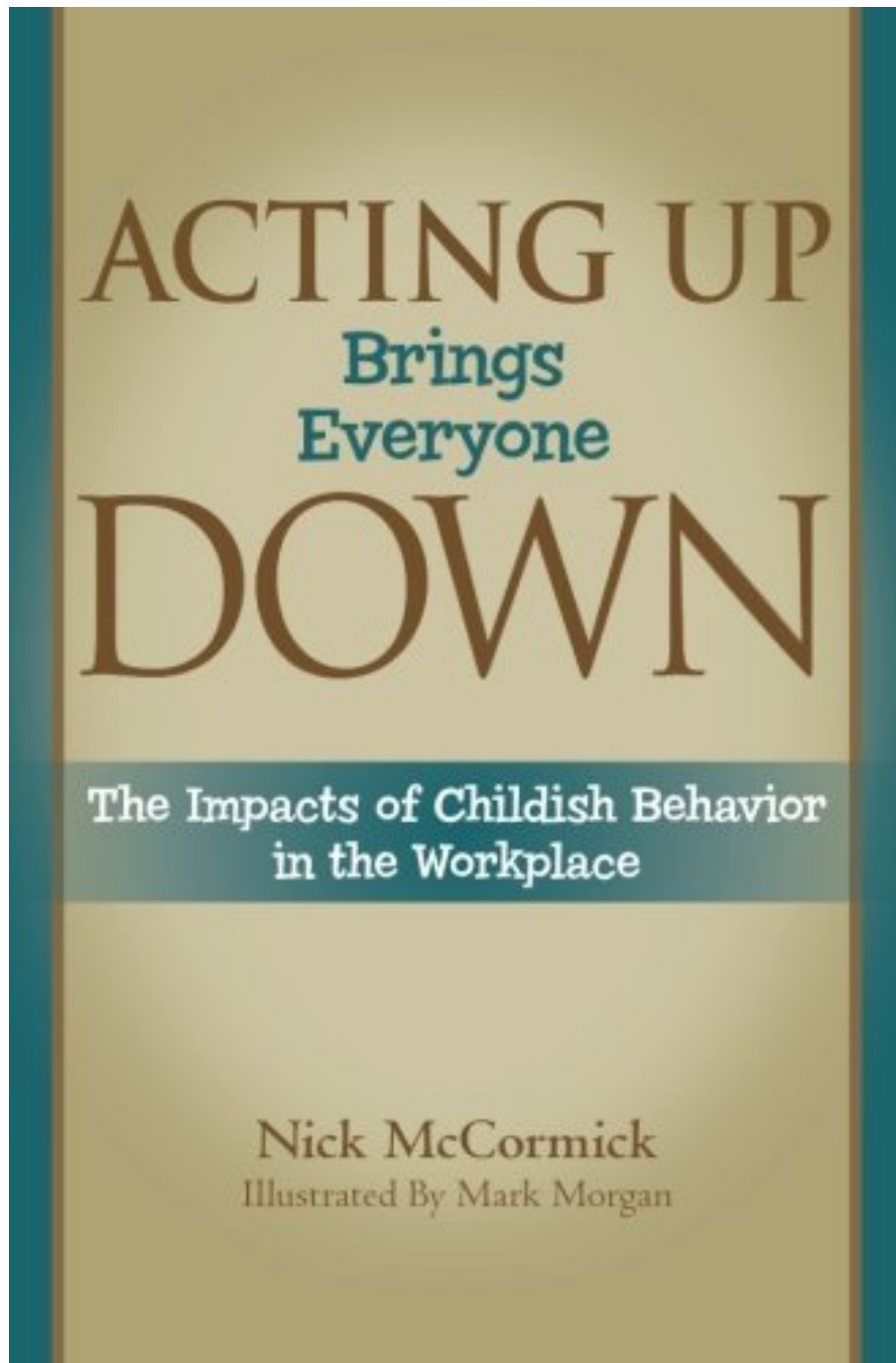


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THE IMPACTS OF CHILDISH BEHAVIOR IN  
THE WORKPLACE BY NICK MCCORMICK**



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## About the Author

Nick McCormick is a practicing manager in the information technology field with extensive business experience and a passion for leadership development. With this, his second book, Nick continues his quest to help others improve, employing his trademark straightforward, common sense approach with a focus on action. He lives with his wife and three children in suburban Philadelphia.

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Acting Up Brings Everyone Down illustrates the childish behavior we too often employ at work and the resulting destructive impact it has on us, our fellow workers, and our organizations. Nick McCormick's highlights the silliness of workplace antics in his trademark non-pandering and humorous style. Readers are presented with alternative actionable, constructive behaviors and encouraged to drop the petty, childish behavior in favor of the childlike characteristics of creativity, excitement, and wide-eyed wonderment.

## Endorsements

"Please read this book and ask yourself one simple question - did I ever grow up? As I read Nick's latest work of art, I found myself realizing that I did some of these immature and child like things in my management career. Actually, I'm ashamed to admit it. Thanks Nick for a wonderful book - another compulsory reference book for managers who are honest enough to admit they have yet to grow up. As I read it I could not help thinking of Gandhi's immortal words: 'You must be the change you wish to see in the world.'"

-- Trevor Gay, UK management and leadership trainer, speaker, and author

"Once again Nick has produced an engaging, concise, and actionable offering of essential workplace advice, and this time for all of us. Another winner by the author of Lead Well and Prosper. A must read for everyone who works."

-- Jim Stroup, author of Managing Leadership is Fine

"It's true - Acting up DOES bring everyone down. Nick McCormick offers tips to nip this behavior in the bud and get on with the job at hand.

-- Wayne Turmel, president Greatwebmeetings.com and host of the "Cranky Middle Manager"

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#### Most helpful customer reviews

0 of 0 people found the following review helpful.

Laughter is a wonderfully subversive teaching tool.

By Karl Edwards

Many years ago I managed a firm where I began calling my colleagues, "my kids." This moniker was descriptive of both my affection for them and their childish behavior toward work and each other.

Now Nick McCormick has captured a wonderful collection of the childish things people do at work. Or... I should say... the clever and common things people do at work, which are, in fact, quite childish.

It's called, *Acting Up Brings Everyone Down: The Impacts of Childish Behavior in the Workplace*.

From the introduction"

"The purpose of this book is to point out the silliness that we engage in at work in hopes that readers will acknowledge their actions, realize there are better and more constructive ways to act, and make the necessary changes to improve the work environment."

It takes a great sense of humor to get us insecure leader-types to let down our guards and see our imperfections without feeling attacked.

McCormick, though, instead of attacking us for our petty and counter-productive behavior, laughs at it with us.

He takes on maddening workplace dynamics like making excuses, blaming others, withdrawing support, exaggerating problems, getting away with substandard work, and taking what is not yours.

We could try to clamp down on these practices. But the most common response to an attack is to get defensive. Once defensive, people stop thinking critically and go into self-protection mode.

But when laughing, deep truths slip past our defenses, and we can see ourselves in these stories without feeling judged or demonized.

We are free to think about McCormick's insights and reconsider our own methods and practices.

Nick McCormick has given us a great gift in this humorous and practical look at childish behavior in the workplace. He is creating a safe space for us to create a healthier workplace culture for ourselves.

Consider reading it as a team at your firm. Discuss one chapter at a time at your weekly planning meeting. Laugh together. Discuss creative alternatives without pointing fingers.

You'll have a great time learning to work together more constructively, more humanly, and more productively.

0 of 0 people found the following review helpful.

Another gem by Nick McCormick

By Jim Stroup

Nick McCormick's wonderful new book addresses the issue of unproductive individual behavior in the workplace in a manner that engagingly and comprehensively meets the needs of both managers and the rest of us. Moreover, Nick introduces, illustrates, and presents the problem as more than just the product of inherently bad actors, but - potentially, at least - of all of us in our weaker or less thoughtful moments.

Using, as he did in his previous book *Lead Well and Prosper*, the characters of "Joe," "Wanda," and others from his blog, Nick walks us through a series of common negative - childish, even - behaviors we all will confess we are sometimes tempted to succumb to in various aspects of our lives. He then offers unmistakable elaborations and illustrations of not only how these temptations are problematic at work, but of how we all are vulnerable to exhibiting them there at one time or another. Having established what these examples are together with our individual relationships to them, each is then followed with refreshingly clear and frank advice and recommendations.

The treatment is friendly, honest, and inescapably engaging. It's like a conversation with a trusted friend or mentor, one that leaves you open to a more candid assessment of the motives behind your own actions at work, and better equipped to meaningfully - sympathetically - understand and deal with those of your colleagues.

Another gem by Nick McCormick - get your copy today.

0 of 0 people found the following review helpful.

The kind of thing that you need your mentor to tell you

By Elizabeth Harrin

It's a very positive book, and, I think, better than his last one, *Lead Well and Prosper: 15 Successful Strategies for Becoming a Good Manager*. Wanda and Joe, the lead characters in *Lead Well*, are back, but this book is less story and more guide. This makes it easier to read, as the characters aren't getting in the way of the advice.

This is the kind of thing that you need your mentor to tell you, because no one else will own up to the fact this type of behaviour goes on. A lot of it is common sense, but sometimes we need a kick to assess whether we actually behave in this way.

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